Program Description
The Bachelor of Science in Human Services at Cambridge College is guided by systemic and holistic thinking, along with an appreciation of research and how it informs practice. A collaborative model of teaching and helping creates an environment where all students are encouraged to reach their potential. We do this by providing opportunities for our students to increase their knowledge and practical skills while recognizing the valuable contributions they are making in their workplaces and in their communities. Our goal is to be an integral part of the change that needs to happen to create a more just and equitable society.

Required courses provide broad-based knowledge of individuals, families and communities, with historical and multicultural perspectives. They present a unique strengths-based, systemic and culturally relevant approach to working with people effectively across many varied settings.

Internship — Students will apply their knowledge in a variety of community-based settings.

Final Project — Students will complete a Capstone project focusing on a topic related to human services. The project consists of research and written work applying their academic experience to a learning project that interests and challenges them.

Program Outcomes
- Students gain the skills needed to work with people in a way that preserves their dignity and builds on their strengths, empowering them to address their concerns, leading to better outcomes.
- Students learn to identify and work with the strengths inherent in individuals, families and communities.
- Students gain practical skills for assisting people in making positive changes that will improve the quality of their lives.
- Students are prepared for personal and professional growth.
- Students have built a solid base for graduate studies in a wide variety of professional and academic fields.
- Students become effective agents of positive change.

Careers and Further Study
The health and human service industry has been identified by the Bureau of Labor Statistics as an area of increasing growth in the 21st century. Students majoring in human services may find themselves working and leading in a variety of settings — with adolescents in residential programs or with the elderly in nursing homes; in the community or in health centers; as program directors; as case managers or outreach workers. They work in prevention or in treatment, in after-school programs or criminal justice programs.

Our graduates are well positioned to enter graduate studies in human services, psychology, counseling, social work and related fields.

Concentration Options
Choose among a wide variety of human services and related electives to meet career and academic goals, or cluster electives in a concentration:

Addiction Studies is for counselors, case managers, residence managers, and advocates. This concentration considers the impact of substance abuse on individuals, families and communities. It explores theories regarding addiction, various treatment approaches, and the societal consequences. The curriculum has been designed to meet the criteria for the Certified Alcohol and Drug Addiction Counselor (CADAC) certification.

Community Building is for students planning careers in community work: building and organizing, developing programs and re-creating communities. The courses present an empowering approach to working with communities to improve conditions, expand opportunities and sustain positive change, by fostering relationships and social networks.

Family Studies — Courses in family studies provide the knowledge and skills needed by practitioners to work effectively with the many demands families today are facing. Our emphasis on building on strengths, respecting and valuing what is important to families while providing care in a culturally humble way, serves to empower families as students learn how to assist them in the changes they are seeking. Students who focus in this area often go on to further studies in human growth and development, human services, social work, marriage and family therapy, and family policy. Students may focus on working with families or family members, on family development, advocacy, case management, or policy.

Holistic Studies — see B.A. in Psychology

Other Concentration Options — see undergraduate concentrations section of the catalog.

Justice Studies
Juvenile Justice Studies
Legal Studies
Medical Interpreter (degree credit only)
### General Education .......................... 60 credits

**Learning to Learn**
- LRN175 Principles & Processes of Adult Learning .......... 3
- WRT101 College Writing I ............................... 3
- CTH225 Foundations of Critical Thinking .................. 3
- MAT101 College Math I ............................... 3
- CMP130 Introduction to Computer Applications ............ 3
- WRT102 College Writing II ............................... 3
- CMP230 Information Literacy ............................. 3
- MAT102 College Math II ............................... 3

WRT101-102 and MAT101-102 may be waived if you have taken equivalent courses and assessment indicates proficiency. Credits will be replaced with open electives. WRT090 and MAT100 required if assessment indicates need.

**Knowledge to Gather Knowledge**
- Arts & Humanities ........................................ 9
- Natural & Physical Sciences ................................ 9
- Social Sciences ............................................ 9
- PSY110 Systems Thinking in Psychology — required

**Open Electives** ........................................ 9

### Human Services Major Required Courses... 36 credits

- BHS305 Introduction to Human Services .................. 3
- BHS315 Understanding Family & Community Systems ..... 3
- BHS320 Community Building Principles & Strategies ...... 3
- BHS420 Strategies for Change ............................. 3
- PSY210 Multicultural Developmental Psychology ......... 3
- BHS470 or 471 Internship I or II ........................... 3
- BHS490 Human Services Capstone ......................... 3
- Human Services Electives ................................ 12

**Concentration Options** ....................... choose 24 credits

Choose among a wide variety of human services and related electives to meet career and academic goals, or cluster electives in a concentration.

**Addiction Studies** (partial list)
- BHS401 Introduction to Addictions ........................ 3
- BHS411 Family Systems & Addictions ..................... 3
- BHS421 Mental Health & Substance Abuse ................ 3
- BHS360 Ethical Issues in Substance Abuse ................. 3

**Community Building** (partial list)
- BHS322 Dynamics of Power in Communities ............... 3
- BHS325 Community Planning & Development ............... 3
- BHS340 Youth Development & Community Practice ....... 3
- BHS445 Leadership for Community Builders ............... 3

**Family Studies** (partial list)
- BHS400 Family Life Cycle .................................. 3
- BHS430 Families with Special Needs ....................... 3
- BHS365 Ethical Issues in Working With Families ........ 3
- BHS366 Family Interventions .............................. 3

**Holistic Studies** — see B.A. in Psychology

**Other Concentration Options** — see undergraduate concentrations section of the catalog.
- Justice Studies
- Juvenile Justice Studies
- Legal Studies
- Medical Interpreter (degree credit only)

---

**Admissions requirements:** High school completion or GED and other general requirements (see Admissions).

**Degree completion:** General education requirements may be satisfied by an associate’s degree or 60 credits of prior courses that meet all general criteria for transfer; up to 90 credits may be accepted.