



Master of Education

Marriage & Family Therapy (California)

with an optional Professional Clinical Counselor concentration

• 60 credits • 5-6 terms full time

Program Description

The Marriage and Family Therapy program with an optional Professional Clinical Counselor concentration provides graduate-level professional training for licensure with a strong commitment to an evolving multicultural society. Students are prepared to meet the licensing standards of the California Board of Behavioral Sciences.

Learning Outcomes

Students learn and apply the principles and best practices of counseling, including various psychotherapeutic techniques for work with individuals, couples, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness. They learn to assess, diagnose and treat within the scope of the Marriage and Family Therapists/Professional Clinical Counselor practice, and become able to utilize community resources for referrals. Students are equipped to work in community mental health centers, agencies, and organizations, and are employable within and covered by managed care organizations and health plans. They learn and apply strategies for prevention and treatment of substance abuse, domestic violence, the spectrum of mental illnesses; and learn to use psychoeducational techniques aimed to prevent such disorders. They study research design and methodology and become familiar with state regulations applicable to Marriage and Family Therapy/Professional Clinical Counselor practice.

Academic Requirements

Mental health core courses, practicum	60
Exit Portfolio	non-credit
Total	60

The core program provides the academic preparation for California licensure as a marriage and family therapist/professional clinical counselor. The program of study may not exceed 60 credits.

Courses should be taken in sequence. Term 1 courses must be completed before term 2 courses. A maximum of 4 courses may be taken each term.

Term 1

- CCP 518 Research Design & Evaluation
- CCP 540 Personality & Counseling Theory
- CCP 550 Rogerian Person-Centered Therapy: Basic Counseling Skills (includes assmnt of readiness for field experience)
- CCP 630 Human Development Across the Lifespan

Term 2

- CCP 615 Psychopathology
- CCP 650 Group Dynamics/Group Counseling & Human Systems
- CCP 710 Marriage & Family Therapy: Basic Counseling Skills
- CCP 758 Clinical Practice in California

Term 3

- CCP 622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners
- CCP 513 California Clinical Experience: Practicum I (MFT licensure)
or CCP 520D MFT/PCC Practicum I (MFT/LPCC dual licensure)
- CCP 639 Career Development
- CCP 724 Post Traumatic Stress Reactions

Term 4

- CCP 754 Perspectives in Cross-Cultural Counseling
- CCP 644 California Clinical Experience: Practicum II (MFT licensure)
or CCP 620D MFT/PCC Practicum II (MFT/LPCC dual licensure)
- CCP 561 Counseling Techniques with Multi-Problem Families in Changing Communities
- CCP 606 Family Treatment of Substance Abuse

Term 5

- CCP 636 Psychological Testing
- CCP 722 The Life of the Family in Context
- CCP 731 California Clinical Experience: Practicum III (MFT licensure)
or CCP 720D MFT/PCC Practicum III (MFT/LPCC dual licensure)
- CCP 720 Psychopharmacology in Addictions and Mental Health Counseling

Subsequent terms as needed to complete your program of study

Practicum

MFT Practicum hours require a minimum of 225 hours of direct client contact in an approved clinical setting. These hours satisfy LMFT curriculum requirements and a portion of the 3,000 hours of clinical experience required for licensure as a licensed Marriage and Family Therapist.

PCC Practicum hours require a minimum of 280 hours of direct client contact in an approved clinical setting. These hours satisfy curriculum requirements for the LPCC license but cannot be counted toward the 3,000 hours of post-degree internship hours required for licensure as a Professional Clinical Counselor.

The Marriage and Family Therapy program with an optional Professional Clinical Counselor concentration meets the academic requirements for licensure as a Marriage and Family Therapist (MFT) and Professional Clinical Counselor (PCC) in California. Interns may apply supervised hours to both licenses, as long as the supervision requirements for each license are completed. Note: there are some differences in the supervision requirements for each license. Applicants must meet the educational requirements for each license for which they are applying before they can be issued registration by the board. Applicants can apply to register as an associate for MFT and PCC licenses at the same time, so their hours can be applied toward both licenses. This degree program is designed to meet the requirements of Section 4980.36 or 4980.37 and Section 4999.32 or 4999.33.

Admission requirements: Bachelor's degree and other School of Education & Counseling requirements.

Program chair:
Linda Kuramoto, M.S., CAGS, CRC, LMHC
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(All courses @ 3 credits.)

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